

2019
Term 3
15th July to 20th September

Develop a Passion for
Learning....you will
never cease to grow!



We Make Learning Fun!

TRARALGON NEIGHBOURHOOD LEARNING HOUSE

Discover how you can:

- improve your skills for employment
- a pathway to further education
- enjoy a hobby
- meet new friends
- have fun



GROW MORE OF WHAT YOU WANT IN YOUR LIFE

quick guide

Courses are subject to change. For expressions of interest and enrolments please speak to our friendly office staff

monday



Literacy | Pilates | Al-Anon | Creative Writing | AA Women's Group | Get Your Business Found Online



Yoga | French 3 (Intermediate) | Spanish | Mosaics | Unfinished Projects

tuesday



Recipe For Success | Yoga | Poppy Creators | Creative Craft | Sewing | Transforming Women | Meditation | I can fix it | Getting Ahead | VRI Connect | Windows 10 | Photoshop



French 5 (Advanced) | Cake Decorating | SLR Photography (Advanced)

wednesday



Knitting and Crochet | Yoga | Spinners and Weavers | Cake Decorating | New Horizons in Hospitality | Office for Work | Genealogy



French (Beginners 1 & 2) | Yoga | AUSLAN (Beginners & Advanced) | Cake Decorating | SLR Photography (Beginners)

thursday



Yoga | Art | Creative Craft | French Beginners 1 | New Horizons in Hospitality



Pilates | Belly Dancing | French 4 (Intermediate) | Italian | Cake Decorating

friday



Knitting and Crochet | Cooking | Yoga | Creative Craft | Mosaics | Getting Ahead | Pathways Computers | Getting Connected



transforming women

Designed for women to explore their potential, discover their strengths, build confidence, become aware of new possibilities and transform their lives.

recipe for success

This great course is for all abilities to increase confidence with cooking, life skills and literacy and numeracy. Plus it's lots of yummy fun!

new horizons hospitality training

Customer service in hospitality training including RSA and Safe Food Handling certificates. This program will develop your hospitality & customer service skills. In partnership with:



intro to professional photography

This is the perfect introduction to Photography and digital content for those who wish to explore this as a career path or grow their knowledge to support their employment or further education goals.

introduction to horticulture

This interesting and hand-on 72 hour course will introduce you to the practical skills, knowledge and confidence to transition to further training or employment in the horticulture field. Grow your career now!

your pathway

We provide a variety of Learn Local pre-accredited courses which will provide you with the foundation skills for your pathway into employment or further studies. Speak to us about your needs, we can help.



literacy and numeracy

Many people have had disrupted or difficult school experiences. We can help build confidence and skills in literacy and numeracy with one to one tuition. Our tutors will cater to your individual needs. Cost on application.

getting ahead

Do you ever feel like you're just not getting anywhere in life? Discover how to Get Ahead instead of 'just getting by'. You will uncover the hidden rules for getting ahead and build your resources to improve your life.

Morwell program starting 23rd July

i can fix it!



Think you can't? Discover how YOU CAN, in this fabulous new course for women who are starting over! Learn basic car maintenance, what tools are for what job, how to make your house safer, tenancy rights, budgets and more. Informative and fun with guest speakers, hands on activities and morning tea provided. Funded by Latrobe City Council.

Tuesdays 10am-12noon starting 23rd July

event planning with VRI connect

Students will gain the skills, knowledge and confidence to develop, plan, organise and facilitate an open panel presentation, discussion & networking event involving local employers and their hiring processes

your next step - adult learners week

A fabulous introduction to event management, hospitality, digital media & technology where learners plan, organise & facilitate an Adult Learners Week event

kick start your career in disability

Are you thinking about a career in disability? This course will help you decide and is also a pathway to further education and employment. Starting Term 4

Ask us about any of these courses today and take the first step on your pathway

your digital life

Digital literacy is essential for employment, further study and getting by in our modern world. We are proud to be a Learn Local provider of quality courses.



office for work *\$95 plus \$30 manual*

Choose from Word | Excel | MYOB | Reckon | Payroll | PowerPoint *9 week course*

WED 9.00am - 11.00am Anne

WED 11.00am - 1.00pm Anne

whatever your digital needs we can help, please let us know what you need

digital literacy

windows 10 beginners *9 week course \$95 term*

TUES 9.30am - 11.30am Phil

getting connected *\$95 term*

internet | email | facebook | skype

FRI 12.00pm - 2.00pm Phil

pathways computers for employment

intro to word | excel | email *\$95 term*

FRI 9.30am - 11.30am Phil

photoshop *\$95 term*

TUES 12.00pm - 2.00pm Phil

genealogy *\$10 week | \$95 term*

WED 1.00pm - 3.00pm Marlene

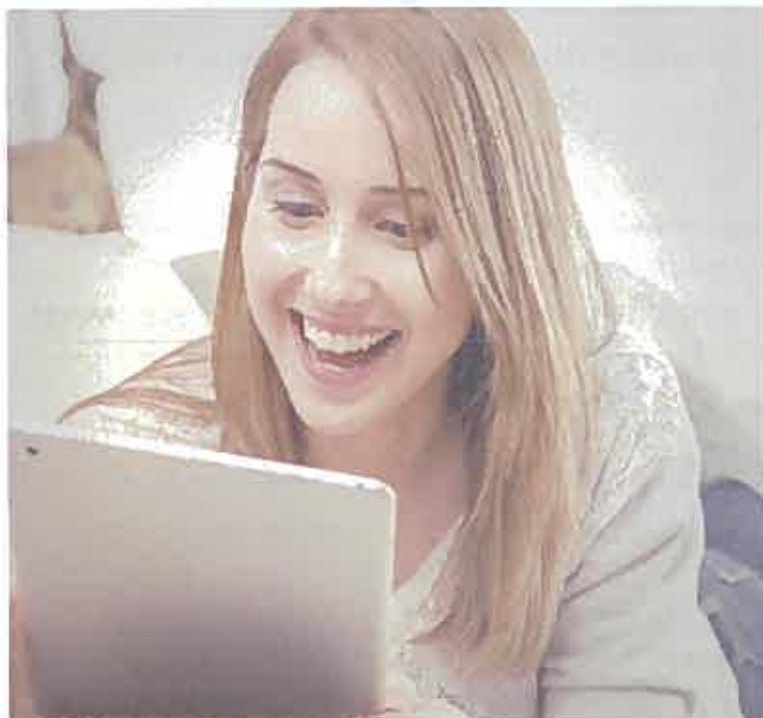


get your business found online

This great new course is an absolute must for any Small Business that wants to avoid the frustration and cost associated with marketing their business and finding new customers. Help with your digital marketing strategy, websites, social media essentials and more...

Also perfect for anyone who would like to gain employment in the digital marketing field and assist local business with their online presence.

course starting soon - taking expressions of interest





your wellness

Self-care is not just a buzz word.

It's an essential strategy for keeping you healthy by reducing stress, preventing you from becoming overwhelmed and increasing your focus.

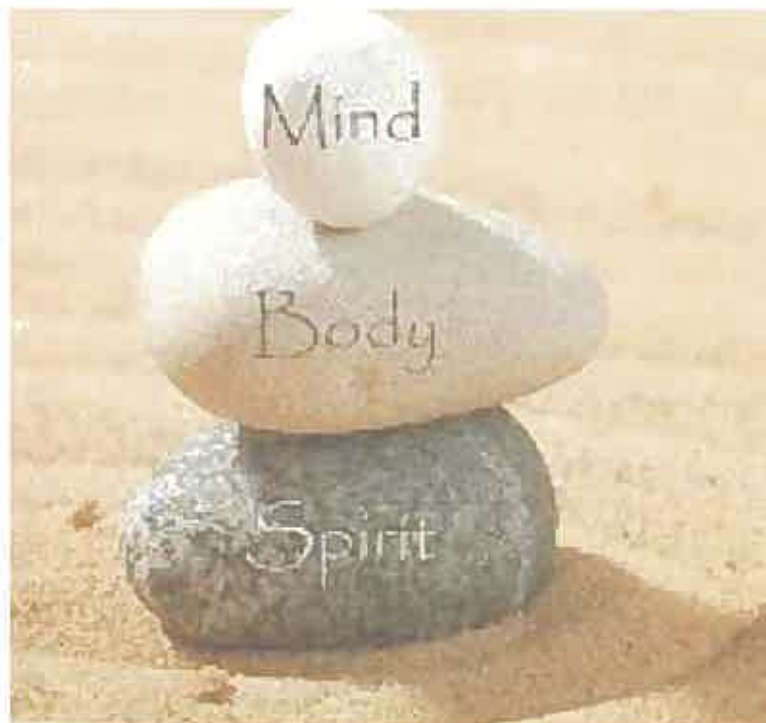
Self-care isn't about 'taking' time out. It helps you think more clearly, maintain your energy and make progress on the things that matter to you. Self-care helps you 'give' back.

There is only one you.
Nurture your body and mind.
Live your best life.

yoga

\$12 week / term \$75-105

MON	5.45pm - 7.00pm	Karen	Monomeath
TUE	9.00am - 10.15am	Karen	Monomeath
TUE	9.30am - 10.45am	Heather	LVPG
TUE	11.00am - 12.15pm	Heather	LVPG
WED	9.30am - 10.45am	Heather	LVPG
WED	11.00am - 12.15pm	Jeni	LVPG
WED	1.00pm - 2.15pm	Jeni	LVPG
WED	5.45pm - 7.00pm	Jeni	LVPG
THUR	9.30am - 10.45am	Jeni	LVPG
THUR	11.00am - 12.15pm	Jeni	LVPG
FRI	9.30am - 10.45am	Karen	LVPG



yoga for healing

\$65 for 6 weeks

TBA	Expressions of Interest being taken	Jeni	LVPG
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pilates

\$12 week / \$75-\$85

MON	9.00am - 10.00am	Adriana	LVPG \$75
THUR	7.15pm - 8.15pm	Adriana	LVPG \$85

meditation

experienced only, drop in session \$5

TUE	10.45am - 11.45am	Pam	Monomeath
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belly dancing

\$12 week / \$85 8 weeks

THUR	6.00pm - 7.00pm	Adriana	LVPG
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your creativity

Unleash your creativity! Find joy in the process of creating. Master a practical skill like sewing, express yourself through your words, capture the world around you in pictures or innovate with art. Create a life you love.

creative craft *\$10 week | \$85 term*

TUE	1.00pm - 3.00pm	Kerri	Room 1
THUR	9.30am - 11.30am	Kerri	Room 1
THUR	1.00pm - 3.00pm	Kerri	Room 1
FRI	10.00am - 12.00pm	Kerri	Room 3
FRI	12.00pm - 2.00pm	Kerri	Room 3

creative writing *\$65 for 6 weeks*

MON	1.00pm - 3.00pm	Maria	Room 1
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slr photography beg & adv *\$90 - \$165*

WED	5.30pm - 7.30pm	Tara	Studio Beg
TUE	6.00pm - 9.00pm	Fon	Studio Adv

art *\$10 week | \$85 term*

THUR	9.00am - 11.00am	Janice	Room 4
THUR	11.00am - 1.00pm	Janice	Room 4

poppy creators - knitting for community

TUE	9.30am - 12.00pm	Room 1	<i>no fee</i>
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sewing *\$10 week | \$85 term*

TUE	1.00pm - 3.00pm	Ronis	Room 4
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knitting + crochet *\$10-12 wk | \$85-105*

WED	9.00am - 11.00am	Hazel	Room 1
FRI	9.00am - 12.00pm	Hazel	Room 1

spinners + weavers

WED	12.00pm - 3.00pm	Room 1
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mosaics *\$10-12 week | \$85-105*

MON	6.00pm - 8.00pm	Paula	Room 4 \$105
FRI	11.00am - 1.00pm	Paula	Room 4 \$85
FRI	1.30pm - 3.30pm	Paula	Room 4 \$85



your language

Language is how we connect, understand and make our way in the world. Prepare for travel, chat with loved ones in a native tongue or learn a new skill.

french \$12 week | \$105 term

beginners 1

WED 7.00pm - 9.00pm Martine Room 3

THUR 4.00pm - 6.00pm Martine Room 3

beginners 2

WED 5.00pm - 7.00pm Martine Room 3

intermediate 3

MON 6.00pm - 8.00pm Martine Room 2

french (cont.) \$12 week | \$105 term

intermediate 4

THUR 6.00pm - 8.00pm Martine Room 3

advanced conversational 5

TUE 6.00pm - 8.00pm Martine Room 3

italian \$12 week | \$55 5 weeks

THUR 6.00pm - 7.30pm Maria Room 1

spanish \$12 week | \$105 term

MON 6.00pm - 7.30pm Marcela Room 1

auslan beg & adv \$190 | \$160 concession

WED 6.00pm - 7.30pm Peter Room 1 Adv

WED 7.30pm - 9.00pm Peter Room 1 Beg



your workshops

Fashion Illustration workshops

Making Faces - Learn how to draw beautiful faces
\$50 4 hour workshop

SAT 10th AUGUST 10.00am - 2.30pm Julie

Art workshops

Paint Your Own Dream catcher with special photo
\$60 4 hour workshop

SAT 3rd AUGUST 10.00am - 2.30pm Janice

Mindfulness Meditation workshops

Introduction to Mindfulness 10am-1pm

Mindfulness Strategies for Anxiety 2-5pm

SATURDAY 27TH JULY

\$30 each or \$50 for two



your taste

Food brings us together, takes us back in time,
brings us joy, comfort and sustenance.

Food is a career, an opportunity, an indulgence.
Food is love. Food is life.

cake decorating

\$135 for 8 weeks

TUE	6.00pm - 8.00pm	Jody	Room 4
WED	1.00pm - 3.00pm	Jody	Room 4
WED	6.00pm - 8.00pm	Jody	Room 4
THUR	6.00pm - 8.00pm	Jody	Room 4

recipe for success *\$12 week | \$105 term*

TUE 9.30am - 12.00pm Maria Room 4

cooking *\$12 week | \$65 6 weeks*

FRI 9.00am - 11.00am Barb Room 4

new horizons hospitality training

\$NO FEE for eligible students

Weds & Thurs for 7 weeks Aisha starts 7th Aug

Customer service in hospitality training includes
RSA and Safe Food Handling certificates.

A practical hands-on program to develop your
hospitality & customer service skills, including
work experience.



your support

Al-anon

MON 10.00am - 12.00pm Room 1

AA women's group

MON 4.00pm - 5.30pm Room 3

AA

FRI 7.00pm - 9.00pm Room 1

overeaters anonymous

SAT 10.00am - 11.00am Room 3

anxiety & depression (ARCVic)

2nd MON of month 5.30 - 7.30pm Meeting Room

your term fees

Traralgon Neighbourhood Learning House is a non profit community based organisation and as such we endeavour to keep our class fees manageable and available to all.

When you register to attend a course you do so for the term.

Term fees are to be paid in full in the first week of term.

When you pay upfront, you pay your fees at a reduced rate.

Those who choose to pay weekly pay a slightly higher weekly fee.

All classes you enrol in for a term are expected to be paid for, whether you attend or not. Tutors, room hire and other costs still need to be paid and courses are scheduled based on student enrolments.

A \$5 admin fee applies to all classes each term. If you are enrolled in multiple classes you only pay one admin fee per term. If you are paying weekly, the admin fee is to be paid in the first class you attend.

Workshop fees are to be paid in full prior to the day of the workshop. Your enrolment is not guaranteed until payment has been received.

Our courses/workshops are very popular and sometimes full. Please ensure you confirm your enrolment.

Please speak to the office staff if you have any concerns.

**our office hours are: 8.30am - 4.00pm Monday to Friday
and 9.00am - 4.00pm during school holidays**

**Do you have a special interest or skill you would like to share?
Perhaps you would like to become a tutor. Have a chat to us today.**

**Remember to like us on facebook and keep up to date with upcoming
courses and events**

Facebook: www.facebook.com/Traralgon-Neighbourhood-Learning-House

**Traralgon Neighbourhood Learning House receives funds from
Adult Community and Further Education (ACFE), Latrobe City and the
Department of Health and Human Services**



www.tnlh.org.au

other learning locations:

VRI Hall

18 - 20 Queens Parade, Traralgon

Latrobe Valley Physiotherapy Group

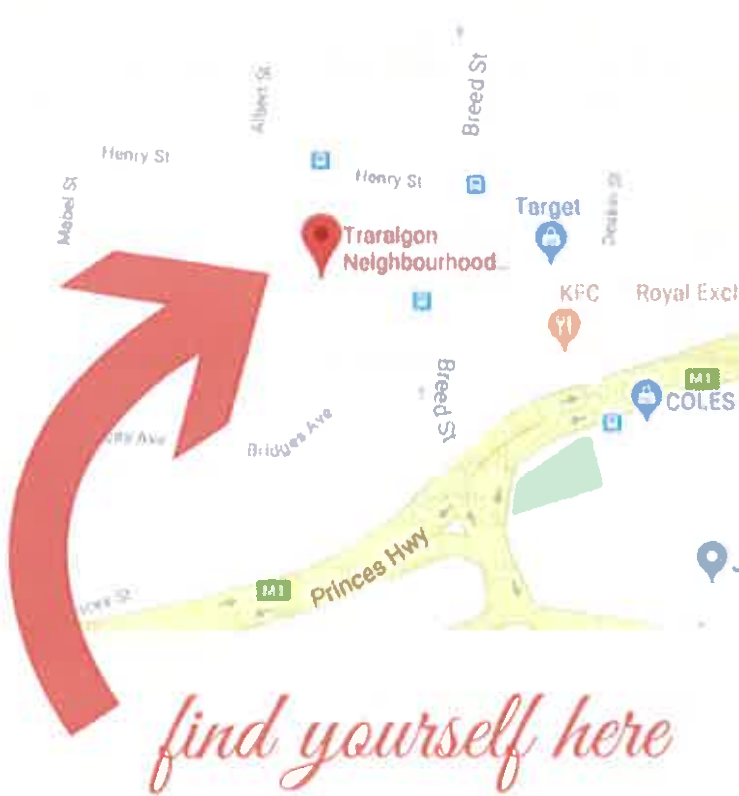
LVPG
9 Breed Street, Traralgon

Monomeath Senior Citizens Centre

Monomeath
Victory Park, Traralgon

Studio

1st floor, 51 Hotham Street Traralgon
(Above Stockdale and Leggo)



TRARALGON NEIGHBOURHOOD LEARNING HOUSE

11-13 Breed St, Traralgon | 5174 6199 | tnh@wideband.net.au

We Make Learning Fun

your registration of interest

Date:

Name:.....

Telephone Number:.....

Course I would like to register for:.....

Day | Night | Either (please circle) Preferred day or time.....

Which Path will you take?