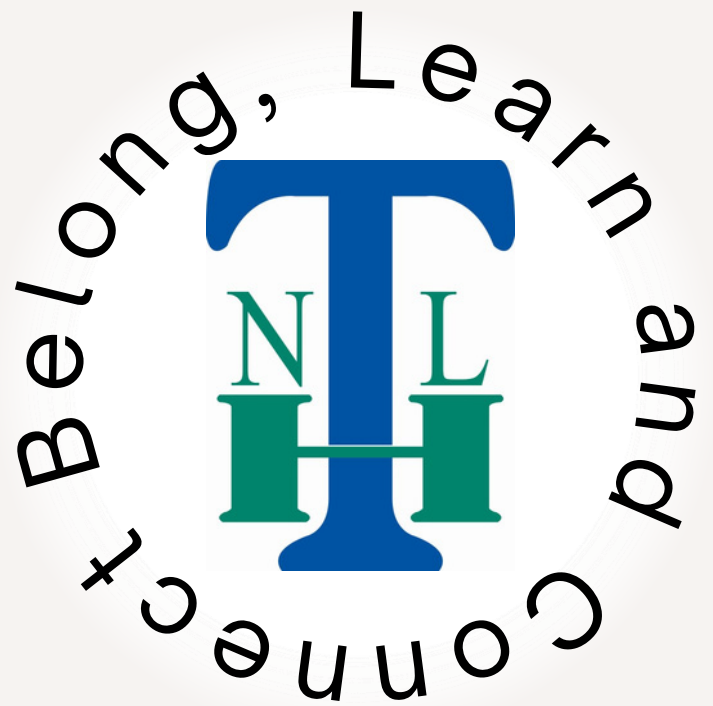




Traralgon Neighbourhood Learning House

TERM 4 - PROGRAM 2026

Monday October 5th to Friday 18th December 2026

Office hours:

Monday to Friday
9am to 4pm

11 - 13 Breed Street, Traralgon
in the Kath Teychenne Centre
(opposite Subway)

Phone: 5174 6199
email: admin@tnlh.org.au

Follow us on Facebook

@TraralgonNeighbourhoodLearningHouse



Families,
Fairness and
Housing





Everyone belongs here

Traralgon Neighbourhood Learning House is a place of welcome, safety, respect and belonging.

We do not tolerate bullying, discrimination, harassment, intimidation or behaviour that deliberately excludes or isolates others because of who they are.

Everyone is welcome and valued regardless of race, culture, ethnicity, nationality, religion, gender,

gender identity, sexuality, age, disability, family circumstances or background.

We may not always share the same experiences, beliefs or perspectives but we can always treat each other with kindness, dignity and respect.

There is a place for you here.



Want to be part of the House?

We welcome volunteers!

Our volunteers bring their skills, experience, ideas and time to help make the House what it is. Whether you can help regularly, occasionally, behind the scenes or alongside one of our programs, we'd love to hear from you.

Volunteering is a great way to meet people, build skills, contribute to your community and find your place at the House.

The only requirement is that you complete a Working With Children Check (WWCC) and a Police Check.

These are done at no-charge to you.

There is a place for you here.

MONDAY

9am - 11am

Paper Craft & Cuppa Social Group - Join us to get creative with paper craft. Many donated supplies available for your use or bring your own. It's self-paced without a tutor. **Gold Coin Donation**

9:30am-11:30am
12:00pm-2:00pm

Digital Essentials Level 1 & Level 2 - Whether you need computer skills for employment, study or life there is a Digital Essentials course for you. Learn the essential computer skills you need, build your confidence with a variety of technology including computers, tablets and smartphones. There's no need to feel overwhelmed, ask us how we can help today.

Subsidised by 'Learn Local' \$5 per class or \$55 for 14 weeks

1pm - 3pm

Creative Writing Social Group - Join a welcoming group of people who enjoy writing who come together to share ideas, encourage one another, and enjoy the creative process. Whether you write stories, memoirs, poetry, or simply want to put pen to paper, all experience levels are welcome.

\$15 per class or \$130 per term

6:00pm - 7:30pm
7:30pm - 9pm

AUSLAN - Beginners and Intermediate - Learn with Peter Adams who has taught at the House for over 20 years, learn language and about Deaf culture. **10 week term. Cost \$250 Adults, \$150 Children**

6:00pm - 8:00pm

French - Intermediate Level 2 Learn French in a fun and supportive environment, building your confidence in speaking, listening and understanding the language at your own pace. **\$15 per class or \$130 for 10 week Term**

TUESDAY (NOTE- only 9 weeks due to public holiday)

9:00am - 12:00pm

Poppy Creators Social Group - Knit and crochet and enjoy a cuppa among others who enjoy creating. Items created are donated to a local charity. Materials Supplied. **No Cost**

9:30am - 12:00pm

Community Cooking - Gather with others to cook, build on your existing skills, and learn new ones in a friendly, supportive environment. Enjoy sharing a meal together or take some home.

No Cost - Sponsored by Gippsland Financial Services

9:30am - 10:45pm
11:00am - 12:15pm

Yoga - Join a welcoming class designed to improve strength, flexibility and relaxation with Heather **\$15 per class or \$117 for 9wk Term**
Classes Held at LV Masonic Centre 8 Oswald Street, Traralgon

1:00pm - 3:00pm

Sewing - Whether you're a beginner or experienced sewer, enjoy a supportive space to learn, create and connect. **\$15 per class or \$117 for 9wk Term**

6pm - 7:30pm

Beginner Italian - Whether you're planning a trip to Italy, connecting with your heritage, or simply love the language and culture, our Italian classes are a friendly and relaxed way to learn. **\$15 per class or \$117 for 9wk Term**

WEDNESDAY

10:00am -
12:00pm

Crochet and Knitting Social Group - Learn the basics or advance your existing skills in a friendly and supportive environment. **No Cost**

9:30am -
10:45am

Yoga - Join a welcoming class designed to improve strength, flexibility and relaxation (resumes Week 2) with Heather **\$15 per class or \$130 for 10wk Term**
Classes Held at LV Masonic Centre 8 Oswald Street, Traralgon

12:00pm -
2:00pm

Grief Group Peer Support Social Group (First Wednesday of each month)
A compassionate and confidential space where people experiencing loss can connect with others, share their journey, and find support at their own pace
- **No Cost (first meeting for the Term 7th October)**

1:30pm - 3:30pm

Together Time with Chai Social Group - Join this relaxed group where people can come together to connect, chat, or simply listen. Enjoy gentle conversation, simple activities and a calm friendly space with spice chai or your own preferred drink - **No Cost - Facilitated by Neami National**

12:30pm -
3:30pm

Latrobe Valley Spinning and Weaving Club - A friendly and creative group where all skill levels are welcome to explore spinning and weaving, share ideas, and learn from experienced makers in a supportive environment.
Contact email is ianbev@gmail.com

2:30pm - 3:30pm

Tai Chi Class - Enjoy the calming practice of Tai Chi while improving balance, movement and overall wellbeing in a supportive environment.
\$15 per class or \$130 for 10 week Term *Classes Held at LV Masonic Centre 8 Oswald Street, Traralgon*

4:30pm - 6:30pm

French Class - Intermediate Level 2 - Learn French in a fun and supportive environment, building your confidence in speaking, listening and understanding the language at your own pace. **\$15 per class or \$130 for 10 week Term**

5:30pm - 6:45pm

Yoga Class - Join a welcoming class designed to improve strength, flexibility and relaxation with Jeni. **\$15 per class or \$130 for 10 week Term**
Classes Held at LV Masonic Centre 8 Oswald Street, Traralgon

6:30pm - 7:30pm

Spanish Class - Expressions of Interest - We are currently seeking a new tutor. Do you know someone? We have eager participants, we just need a tutor!

7:00pm - 9:00pm

The Men Spirit - Social Group - 3rd Wednesday of the Month A relaxed, confidential space for men to connect, talk, and support each other. Cost \$10

7:15pm for
7:30pm Start

Toastmasters - **Fortnightly (from 14/10)** A relaxed, confidential space for men to connect, talk, and support each other (approx. 90 min session).
For more info contact latrobevalleytm@gmail.com

THURSDAY

9:30am-11:30am

Social Craft Group - a welcoming group for all abilities to connect and create. Bring your own project or use our supplies to try something new - **Gold Coin Donation**

9:30am - 10:45am
11:00am - 12:15pm

Yoga Class - Join a welcoming class designed to improve strength, flexibility and relaxation with Jeni **\$15 class or \$130 for 10 week Term**
Classes Held at LV Masonic Centre 8 Oswald Street, Traralgon

10:00am - 12:00pm

Painting Class - Unleash your creativity with colour, brushstrokes and artistic expression. supplies provided **\$15 class or \$130 for 10 wk Term**

1:00pm - 4:00pm

Mosaic Art Class- Discover the relaxing art of mosaics and create something uniquely yours, guided by our experienced tutor **\$15 class or \$130 for 10 wk Term**

3:45pm - 5:30pm

Gippsland Children's Chior - GCC is a local choir for children 6-18yo led by registered music teachers Caroline Crawford and Bek Warner. **Contact: gippslandchildrenschoir@gmail.com**

FRIDAY

11:30am - 2:30pm

Mosaic Art Class - Discover the relaxing art of mosaics and create something uniquely yours, guided by our experienced tutor **\$15 class or \$130 for 10 wk Term**

7:30pm - 9:30pm

Alcoholics Anonymous - Simply drop-in or contact Sara for more information **0418 160 102**

SUNDAY

10:00am - 2:00pm

Dungeons & Dragons Social Group - Fortnightly- Embark on epic adventures, create unforgettable characters, and explore fantastic worlds in a welcoming Dungeons & Dragons volunteer run group for new and experienced players alike. **Gold Coin Donation**

2:00pm - 7:00pm

LV Boardgamers Social Group - Join for an afternoon of fun, strategy and social connection, new players and experienced gamers are always welcome. This is a volunteer run group. - **Gold Coin Donation**

PROGRAM FEES

- **Our Terms are based upon Victorian School Terms with a two week break between terms.**
- **Unless stated otherwise, classes are weekly.**
- **Casual class fees are due prior to each class we accept card or cash.**
- **For Best value is to pay by the term. Our Term Fees are payable by the second week of term. Term 3 due by 16th October.**

Class Fees & Enrolment 2026

We aim to keep our classes and activities affordable, accessible and sustainable for our community.

Our fee structure rewards regular participation while still providing flexibility for people who prefer to attend casually. Many of our volunteer-led, peer-led or self-paced activities are available for a gold coin donation, helping us keep opportunities for connection and participation as accessible as possible.

Some classes, groups and activities held at the House are delivered by external groups, organisations or facilitators. Fees for these activities are set by the individual provider and are outside the control of the Traralgon Neighbourhood Learning House. Wherever possible, we clearly advertise fees in advance so you know what to expect.

Full Term Enrolment – Best Value \$13 per class

Our standard term enrolment rate is \$13 per scheduled class. The total term fee will vary depending on the number of classes scheduled:

9 classes = \$117
10 classes = \$130
11 classes = \$143

This means a different total from one term to the next does not necessarily mean our fees have increased. It usually reflects the number of classes being offered that term.

While our programs generally align with Victorian school terms, individual classes may occasionally run for a shorter period due to tutor availability, public holidays, planned leave or other scheduling requirements. You will only be charged for the classes scheduled for your program.

Casual Attendance – \$15 per class

We understand that not everyone can commit to attending for a full term.

Casual attendance is available for selected classes at \$15 per class, subject to availability. Casual fees are payable prior to each class by cash or card.

You are welcome to book several casual dates in advance if you know when you can attend. These remain casual bookings and are charged at the casual rate.

If We Cancel a Class

Sometimes an unexpected circumstance, such as tutor or staff unavailability, may mean we need to cancel a scheduled class.

If you have paid a term fee and we cancel a class that cannot be rescheduled, the value of that class will be credited to your following term.

Participants will not lose the value of a class where the cancellation is made by us.

Why Is Casual Attendance Slightly More?

Term enrolment provides our best-value rate because committing to the term gives us greater certainty about participant numbers. This helps us plan our classes, support our tutors, prepare resources and ensure programs remain sustainable.

Regular participation also helps participants get the most from their class and build connections with others.

Casual attendance provides greater flexibility, so a slightly higher per-class rate applies.

In simple terms:

Full-term enrolment: \$13 per scheduled class
Casual attendance: \$15 per class

The number of classes may change from term to term, but the applicable per-class rate remains the same unless we advise participants of a fee change.

Need to talk to us?

We want our programs to remain accessible to our community. If you have any questions about our fees, or are experiencing difficulty meeting the scheduled payment dates, please get in touch with our team.

We are happy to discuss your circumstances with you confidentially and explore available options.